



Functional Physical Therapy  
 3441 Tennyson St.  
 Denver, CO 80212  
 303-941-0664

**INITIAL SELF EVALUATION FORM**

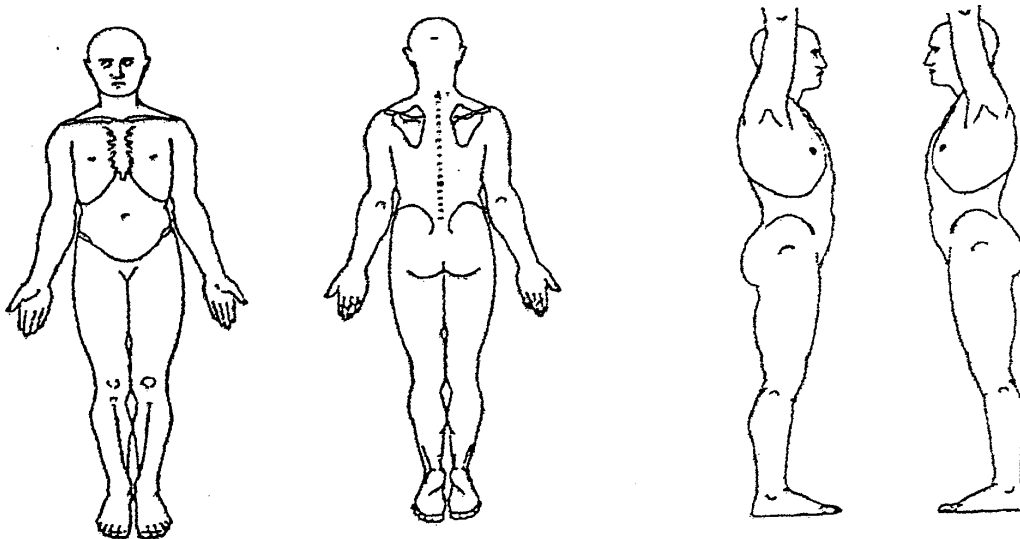
Name \_\_\_\_\_ Date \_\_\_\_\_

Please tell us about yourself, so that we can serve you better. If you have difficulty answering any question, or if it doesn't apply to you, just leave it blank. You will have ample opportunity to clarify or explain any of your answers during your evaluation and treatment sessions.

Who referred you to us? \_\_\_\_\_  
 What is your reason for seeking therapy? \_\_\_\_\_

Please mark or shade in any areas where you have been experiencing discomfort. You can label each area with one or more descriptor from the following list:

- |                   |          |   |          |
|-------------------|----------|---|----------|
| Severe            | Sharp    | Burning                                   | Aching   |
| Moderate          | Dull     | Throbbing                                 | Stabbing |
| Numbness/Tingling | Weakness | Radiating (indicate direction with arrow) |          |



List & rate each symptoms you have been experiencing. Rate on a 0-10, 0 is no pain- 10 the worst pain you can imagine.

- |          |                               |
|----------|-------------------------------|
| A. _____ | <u>0 1 2 3 4 5 6 7 8 9 10</u> |
| B. _____ | <u>0 1 2 3 4 5 6 7 8 9 10</u> |
| C. _____ | <u>0 1 2 3 4 5 6 7 8 9 10</u> |
| D. _____ | <u>0 1 2 3 4 5 6 7 8 9 10</u> |

When did your symptoms begin? \_\_\_\_\_

What do you think causes your symptoms? \_\_\_\_\_

List any injuries or surgeries including dates (continue on back if necessary) \_\_\_\_\_